

2010 AREA 7 AAU JUNIOR OLYMPICS NATIONAL QUALIFIER June 24-27, 2010

GENERAL INFORMATION

WHERE: Florida State University's Mike Long Track
1104 Spirit Way
Tallahassee, Florida 32306

DATES: Wednesday, June 23, 2010 Packet Pick-Up (6-8 p.m.)
Thursday, June 24, 2010 Packet Pick-Up/Multi-Event (7 a.m. – 2 p.m.)
Thursday, June 24, 2010 Coaches/Scratch Meeting (*A Coach Must Attend*) 7:00 p.m.
➤ Hilton Garden Inn Central, 1330 Blairstone Rd, Tallahassee, FL 32301 850-893-8300
Friday, June 25, 2010 Packet Pick-Up/Multi-Event/Track and Field (7 a.m. – 2 p.m.)
Saturday, June 26, 2010 Packet Pick-Up/Track and Field (7 a.m. – 4 p.m.)
Sunday, June 27, 2010 Packet Pick-Up/Track and Field (7 a.m. – 12 p.m.)
PACKET PICK UP WILL BE HELD AT FSU MIKE LONG TRACK.

SPECIAL

EVENT: **Athlete Social – Friday, June 25, 7:00 p.m. at Kleman Plaza in Downtown Tallahassee. Bring athletes to enjoy music, ice cream and athlete give-a-ways.**

HOST ORGANIZATION:

Visit Tallahassee
Tallahassee Sports Council
Brian Hickey, 850-606-2306
brian.hickey@visittallahassee.com

HOST CLUB:

Capital City Christian Cruisers
Alice Sims, 850-668-6949
alicebsims@comcast.net

MEET DIRECTOR:

Jacques Raphael, 352-895-6396
Stone480@aol.com

Visit www.VisitTallahassee.com/AAU
**For specific event information about hotels,
registration and schedule of events!!**

TIMING: Steeple Timing & Event Management will be the official timer of the meet.

RULES: In accordance with AAU Youth Athletics Guidelines

SANCTIONED BY:

This event is sanctioned by the Amateur Athletic Union of the U.S., Inc. All participants must have a current AAU membership. AAU membership may not be included as part of the entry fee to the event. AAU membership must be obtained before the competition begins. Participants are encouraged to visit the AAU

website at www.aausports.org to obtain their membership.

AGE DIVISIONS:

Primary Girls and Boys	(Born 2002 or after) Allowed 3 events
Sub-Bantam Girls and Boys	(Born 2001) Allowed 3 events
Bantam Girls and Boys	(Born 2000) Allowed 3 events
Sub-Midget Girls and Boys	(Born 1999) Allowed 3 events
Midget Girls and Boys	(Born 1998) Allowed 3 events
Sub-Youth Girls and Boys	(Born 1997) Allowed 4 events
Youth Girls and Boys	(Born 1996) Allowed 4 events
Intermediate Girls and Boys	(Born 1994-1995) Allowed 4 events
Young Women and Men	(Born 1992-1993) Allowed 4 events**

****Athletes that are still 18 on Aug. 8th the final day of the National Championships shall be eligible.**

There is no Multi-Event competition for Primary Age Groups

ELIGIBILITY/AAU MEMBERSHIP:

Competition is open to all boys and girls who have a valid/current AAU registration card. AAU membership may be obtained online at www.aausports.org. The AAU membership fee is not included in the AAU Area 7 National Qualifier entry fee and must be obtained prior to participation in this meet.

All athletes who have ***COMPETED AND RECEIVED A VALID MARK*** in a District Qualifier Meet are eligible in the event that was entered at the district level. Relay teams must have competed at the district level.

PROOF OF AGE:

Proof of age may be required at District, National Qualifier, and National Championship events and whenever required and/or challenged.

Acceptable forms of age verification include:

1. Original birth certificate
2. A notarized original birth certificate from the appropriate issuing authority
3. A US Military Government Identification Card
4. A valid (not expired) passport
5. A valid US driver's license

MEET ENTRY:

Each athlete/team competing in this meet must complete the entry process on www.CoachO.com.

ENTRY FEE:

Entry fee is \$20 per individual athlete competing in Track & Field and \$20 per Multi- Event athlete. All members of relay teams, including alternates, who have not entered an individual event, must pay a \$20.00 entry fee.

Payments will only be accepted online at www.coacho.com. Entry Fee must be paid online at the time of registration. **ALL EES ARE NON-REFUNDABLE AND NON-TRANSFERABLE.** Visa and Master Card accepted online.

ENTRY DEADLINE:

REGISTRATION WILL OPEN ON MAY 17, 2010 AND CLOSE ON JUNE 17, 2010, 12:00 MIDNIGHT, EASTERN STANDARD TIME. ALL ENTRIES MUST BE RECEIVED BEFORE DEADLINE. NO EXCEPTIONS.

ADVANCEMENT:

The top (4) four finishers in each event of Track & Field & Multi-Events advance to the AAU Junior Olympic Games – Norfolk, Virginia – July 29 – August 7, 2010 (**AAU JUNIOR OLYMPIC GAMES REGISTRATION DEADLINE – JULY 22, 2010**)

QUALIFYING:

An athlete or team must compete in at least one District Qualifier Meet and receive a fair and valid mark in each event or relay in order to compete in a National Qualifier.

CHALLENGE:

All challenges to meet results must be initiated within 24 hours after the meet is completed. All challenges must be emailed to the Meet Director and will be resolved within 5 days of the last day of the meet. **AFTER THE 5 DAYS, RESULTS WILL NOT BE CHANGED.** Any issues regarding competition rules will follow USATF rules guidelines.

ADMISSION:

There will be a **\$5.00 gate fee charge per person per day.** An All Event Pass can be purchased for **\$18 for all 4 days of competition.** All Children 4 and under will be admitted free.

PARKING/DIRECTIONS:

There is no charge for parking. Team buses will be directed to a designated area to park. Directions to the facility and parking can be located at www.VisitTallahassee.com/AAU.

COACHES PASS:

- 4-10 Athletes One (1) complimentary Coaches Credential issued
- 11-20 Athletes Two (2) complimentary Coaches Credential per club
- 21-30 Athletes Three (3) complimentary Coaches Credentials per club
- Over 30 Athletes* Four (4) complimentary Coaches Credentials per club

All Registered athletes with a 2010 AAU Card and Competition Number will also be admitted free.

***A Maximum of four (4) complimentary Coaches Credentials will be given to any given club. All coaches must be a current registered member of the AAU and must produce current membership card to receive the complimentary pass. Coaches passes will be handed out the time of packet pick up. If AAU memberships are not presented at this time, Credentials will be forfeited. There are absolutely NO Replacements for Lost or Stolen Coaches Credentials. Replacement bibs numbers can be purchase for \$10.00 dollars and can be purchase at Registration Table/Tent.**

AAU MEMBERSHIPS WILL NOT BE SOLD AT THE MEET!!

RESULTS:

Results will be posted on line at www.aauathletics.org

JUNIOR OLYMPIC DECLARATION & REGISTRATION INFORMATION:

The top 4 finishers in each event will qualify for the 2010 National AAU Junior Olympic Games in Norfolk, Virginia. Those athletes that qualify must declare and register for the meet at www.coacho.com before July 22, 2010. No entries will be accepted after Midnight EST (9:00 p.m. on the West Coast) July 22, 2010. Do not jeopardize your athlete's chance of competing by not completing this step before the AAU Junior Olympic Games.

FINAL AAU JUNIOR OLYMPIC GAMES SCHEDULE OF EVENTS:

The FINAL AAU Junior Olympic Games Schedule will be posted on July 30, 2010 at www.aauathletics.org.

PROTESTS:

Protests concerning the status or eligibility of any competitor must be made to the AAU Youth Athletics Committee prior to the commencement of the meet, or the Referee during the meet. Protests relating to matters, which develop during the conduct of the meet, must be made to the Referee and be filed at once, but in any case not more than 30 minutes after the result has been announced. Protests **MUST** be filed on official protest forms and presented to the Protest Table accompanied by a cash deposit of \$75.00. The Referee shall consider all available official evidence. When the Referee renders his/her decision, there is still the right of appeal to the Jury of Appeals. The jury's decision is final. If the protest is denied, the cash deposit will be forfeited. ***THE JURY OF APPEALS WILL NOT ACCEPT PROTESTS CONCERNING JUDGMENT CALLS.***

ATHLETES, COACHES AND VENUE INFORMATION

TENTS:

No tents will be allowed in the stadium bleachers. Teams may put tents up in the warm up area around the perimeters of the fence and at some limited areas around the track. At the end of the day, each team must lower the tent frames and remove all tent tops in case of inclement weather. Meet management reserves the right to change this policy if it presents a problem.

SHOWER & LOCKER ROOMS:

There are no shower or locker room facilities available at the track & field venue. All competitors must come to the track dressed and ready to compete.

RESTROOM FACILITIES:

Restroom facilities will be available at the track & field venue.

BIB NUMBERS:

Competitor bib numbers will be issued at athlete check-in. All athletes will be required to wear their bib numbers on the front of their competition singlet at all times of competition. There is a ten-dollar (\$10.00) replacement fee for lost bib numbers. Replacement bib numbers can be purchased at the Registration Table/Tent.

HIP NUMBERS:

Hip numbers will be issued at clerk of the course and will be required for all running event competitors during their event. The clerk of course will indicate which side and location to wear the hip numbers at check-in time.

IMPLEMENTS:

Athletes are responsible for their own implements for use during competition. However, personal implements must be checked in prior to competition. Implement check-in will occur near the field event area.

ATHLETE WARM-UP:

There will be a designated area for athlete warm up. The track will open one hour prior to the 1st running event of each day.

ATHLETE CHECK-IN:

It is the athletes' responsibility to hear the calls and report to their event venue on the first call for their division. It is recommended that athletes check in for their event at least 30 minutes before their scheduled event. Field event athletes should report directly to the field event venue. Track event athletes should report to the clerking area.

RELAY EVENTS:

There is no additional entry fee for relay events as long as the following criteria are met:

- 1) All competitors as well as alternates have paid the individual entry fee of \$20.00.
- 2) The relay team represents a current 2010 AAU registered club.
- 3) All competitors must have current/valid AAU membership registration cards. Athletes listed as relay alternates (up to 4) will have that relay event count towards their event limitation.

RUNNING EVENT RULES:

100m, 200m, 400m, 80m hurdle, 100m hurdle, 110m hurdle and 4 x 100 relay events each have two rounds, Semi-Final and Final. The top eight (8) fastest times from the semi-final will advance to the final. If there are eight (8) or fewer entries in the semi-final, then that event will be ran as a final at the semi-final time. The 4x400m relays will run a three turn stagger with up to eight (8) teams per heat. The 4x800 relays will run a two-turn stagger with up to 16 teams per heat. Combining heats/divisions is at the discretion of the Meet Director.

FIELD EVENT RULES:

Each competitor will have a total of four (4) attempts for throws and horizontal jumps. There are no prelims and finals in field events. Athletes who must leave for another event must check out with the Field Event Official. These athletes may also request to take attempts in succession.

In the vertical jumps, within a division, once the bar moves up, it will not move down for any reason. If excused during a round the athlete must return prior to the conclusion of that round or forfeit remaining attempts.

ADVANCED EVENTS:

The 2000m Steeplechase, Pole Vault and all of the Multi-Events will be advanced from the District Qualifier to the National Qualifier. Athletes entering these events must complete the online entry process, indicate these events on the entry and must include an entry performance mark. Multi-Events do not count towards the track and field event limitation.

AWARDS:

AAU Championship Medals are awarded to the top four (4) finishers in each event and division. Awards can be picked up at the awards tent approximately 30 minutes after the conclusion of the event. **Medals will not be mailed to the athlete's home.** It is the responsibility of the athlete, coach or parent to pick up awards before leaving the meet.

FOOD/DRINK/COOLERS:

There will be concessions available. Team/Athlete coolers will be allowed, however, **NO GLASS CONTAINERS** are permitted. All coolers, bags, backpacks, and duffel bags are subject to inspection by security.

EVENT SCHEDULES:

The Final Meet Schedule will be posted after entries close. The event order will not change but start times may differ according to number of entries. Age groups of like sex may be combined in distance races/walks, which have minimal participation. Event Schedules will be available at registration.

T-SHIRTS:

2010 AAU National Qualifying Meet T-Shirts will be on sale and available by Fine Design.

INCLEMENT WEATHER:

The Meet Director has the option of delaying or temporarily halting the meet in the event of bad weather and resuming when weather permits. The format of the meet may be adjusted after weather delay, if deemed appropriate by the Meet Director and the Games Committee.

MEDICAL:

Emergency Medical personnel are on call. Athletic trainers will be available to athletes. Ice and water will be provided for injuries only. Athletic trainers will not tape athletes prior to competition. *Athletic Trainers are only available in case of injury.*

FLUIDS:

Meet management will do its best to try to provide water in certain competition areas. It is strongly encouraged that athletes, teams, coaches, and parents have water with them.

WEATHER:

The average high temperature in Tallahassee during the month of June is in the mid to high 90's so be prepared because it will be very hot.

**2010 AREA 7 AAU JUNIOR OLYMPICS
NATIONAL QUALIFIER
JUNE 24-27, 2010**

MEET SCHEDULE

**YOU ARE HEREBY NOTIFIED THAT THE MEET SCHEDULE OUTLINED BELOW IS TENTATIVE AND
SUBJECT TO CHANGE WITHOUT PRIOR WRITTEN NOTICE.
A REVISED MEET SCHEDULE WILL BE AVAILABLE UPON CHECK-IN.**

CLASSIFICATION

PG-Primary Girls	PB-Primary Boys	Born 2002 or after (Allowed 3 events)
SBG-Sub-Bantam Girls	SBB-Sub-Bantam Boys	Born 2001 (Allowed 3 events)
BG-Bantam Girls	BB-Bantam Boys	Born 2000 (Allowed 3 events)
SMG-Sub-Midget Girls	SMB-Sub-Midget Boys	Born 1999 (Allowed 3 events)
MG-Midget Girls	MB-Midget Boys	Born 1998 (Allowed 3 events)
SYG-Sub-Youth Girls	SYB-Sub-Youth Boys	Born 1997 (Allowed 4 events)
YG-Youth Girls	YB-Youth Boys	Born 1996 (Allowed 4 events)
IG-Intermediate Girls	IB-Intermediate Boys	Born 1994-1995 (Allowed 4 events)
YW-Young Women	YM-Young Men	Born 1992-1993 (Allowed 4 events**)

S = SEMI-FINAL F= FINAL

IG, IB, YW, YM divisions MUST use starting blocks in the sprint races!!!

THIS IS A ROLLING SCHEDULE

All running events will start at the designated time listed each day. After the initial event, subsequent events may start 30 minutes before the time listed. Listen to announcements and check-in to the designated area at least 30 minutes early. Any athlete that does not check-in before their scheduled heat is run will be scratched from the event.

THURSDAY, JUNE 24, 2010

RUNNING EVENTS

8:00 AM	3000M (F)	SMG-MG-SYG-YG-IG-YW	SMB-MB-SYB-YB-IB-YM
	1500RW (F)	SBG-BG-SMG-MG	SBB-BB-SMB-MB
	3000RW (F)	SYG-YG-IG-YM	SYB-YB-IB-YM

MULTI-EVENTS

9:30 AM	Decathlon	IB, YM	100M, LJ, SP, HJ, 400M
	Pentathlon	SYG, YG	100H, LJ, SP, HJ, 800M
	Heptathlon	IG, YM	100H, HJ, SP, 200M
	Pentathlon	SYB, YB	100H, LJ, SP, HJ, 1500M

FRIDAY, JUNE 25, 2010

MULTI-EVENTS

8:00 AM	Decathlon	IB, YM	110H, DT, PV, JT, 1500M
	Heptathlon	IG, YW	LJ, JT, 800M
	Triathlon	SBB, BB	HJ, SP, 400M
	Triathlon	SBG, BG	HJ, SP, 200M
	Pentathlon	SMG, MG	80H, LJ, SP, HJ, 800M
	Pentathlon	SMB, MB	80H, LJ, SP, HJ, 1500M

RUNNING EVENTS

9:30 AM	100 Meters (S)	PG,PB,SBG,SBB,BG,BB,SMG,SMB,MG,MB,SYG,SYB,YG,YB,IG,IB,YW,YM
	4 X 800R (F)	MG, MB, YG, YB, IG, IB, YW, YM
	4 X 100R (S)	PG,PB,BG,BB,MG,MB,YG,YB,IG,IB,YW,YM

SATURDAY, JUNE 26, 2010

All field events will follow the listed schedule. ***This is a rolling schedule.*** Listen to announcements for field event calls. Any athletes who does not check-in before their designated flight starts will be scratched from the event. Field event athletes who have a conflict with a running event will be released by the Field Event Official Only at the appropriate time. Field Event athletes will have 10 minutes to report back to their Field Event after their running event and must report back and be ready to compete.

FIELD EVENTS

8:00 AM	Long Jump	PG, PB
	High Jump	SMG, SMB
	Shot Put	MG, MB
	Discus	IG, YW
	Triple Jump	SYG, YG, SYB, YB
	Long Jump	BG, SBG, SBB
	High Jump	IB, MG, MB
	Shot Put	SMG, SMB,
	Discus	SYG, YG, SYB, YB
	Long Jump	BB, SMG, SMB
	High Jump	BG, SYG, YG, SYB, YB
	Shot Put	IG, YW, IB, YM
	Discus	MG, MB
	Long Jump	IG, YW, IB, YM
	High Jump	SBG, BB, SBB
	Shot Put	PG, PB, SYG, YG, SYB, YB
	Discus	SMG, SMB

RUNNING EVENTS

8:00 AM	200H (F)	SYG, YG, SYB, YB
	400H (F)	IG, YW, IB, YM
	400M (S)	PG,PB,SBG,SBB,BG,BB,SMG,SMB,MG,MB,SYG,SYB,YG,YB,IG,IB,YW,YM
	1500 (F)	SBG, BG, SMG, MG, SBB, BB, SMB, MB
	200M (S)	PG,PB,SBG,SBB,BG,BB,SMG,SMB,MG,MB,SYG,SYB,YG,YB,IG,IB,YW,YM

4 X 100R (F) PG,PB, BG,BB,MG,MB,YG,YB,IG,IB,YW,YM

SUNDAY, JUNE 27, 2010

FIELD EVENTS

8:00 AM	Javelin	SYG, YG, IG, YW	SYB, YB, IB, YM
	Shot Put	SBG, BG, SBB, BB	
	Long Jump	MG, SYG, YG,	MB, SYB, YB
	Pole Vault	SYG, YG, IG, YW	SYB, YB, IB, YM
	Discus	IB, YM, SYB, YB	
	High Jump	IB, YM, IG, YW	
	Triple Jump	IG, YW, IB, YM	

RUNNING EVENTS

8:00 AM	1500M (F)	SYG, YG, IG, YW	SYB, YB, IB, YM
	100M (F)	PG,PB,SBG,SBB,BG,BB,SMG,SMB,MG,MB,SYG,SYB,YG,YB,IG,IB,YW,YM	
	Steeplechase (F)	IG, YW, IB, YM	
	80H (S)	SMG, MG, SMB, MB	
	100H (S)	SYG, YG, IG, YW	SYB, YB
	110H (S)	IB, YM	
	400M (F)	PG,PB,SBG,SBB,BG,BB,SMG,SMB,MG,MB,SYG,SYB,YG,YB,IG,IB,YW,YM	
	80H (F)	SMG, MG, SMB, MB	
	100H (F)	SYG, YG, IG, YW	SYB, YB
	110H (F)	IB, YM	
	800M (F)	PG,PB,SBG,SBB,BG,BB,SMG,SMB,MG,MB,SYG,SYB,YG,YB,IG,IB,YW,YM	
	200M (F)	PG,PB,SBG,SBB,BG,BB,SMG,SMB,MG,MB,SYG,SYB,YG,YB,IG,IB,YW,YM	
	4 X 400R (F)	BG,BB,MG,MB,YG,YB,IG,IB,YW,YM	

SPECIAL NOTE:

- If there are not enough runners in the Semi-Final, the event will be run as a Final at the Semi-Final time.
- Some distance races may be combined due to the number of participants.